



CBT ACADEMY

Ballet classes for everyone!

Academy Classes open to the public

No recital, registration fees, or costume fees!

START AT ANY TIME! SIMPLY ARRIVE 10 MINUTES EARLY TO REGISTER

CBT Academy offers classes perfect for students of all levels looking for exceptional instruction in a warm and nurturing environment. We offer personalized attention for all dancers, whether they are putting on their first pair of ballet shoes, or are preparing for a career in dance.

Spring 2014: April 14 - June 9 ****ALL CLASSES MONDAY EVENING**** (No Classes Memorial Day, May 26)			
Class / Day / Time	Age / Skill Level	Pricing	Teacher
Creative Dance 1 & 2 / Pre-Ballet 1 & 2 5:30 - 6:15pm	Young students ages 4-6 are introduced to the structure and discipline of a ballet class with emphasis on creative expression through movement to music.	Term Rate = \$63 Drop In Rate = \$9	TBD
Beginning Ballet 1 & 2 6:15 - 7:15pm	An introductory ballet class for students ages 6-9 or upon instructor approval. Students will be introduced to the fundamentals of ballet including ballet vocabulary, alignment and posture. The instructor will assess the skills of the class and devise a program that will build on the skills they already possess.	Term Rate = \$84 Drop In Rate = \$12	TBD
Ballet I 7:15 - 8:30pm	For the pre-pointe and beginning pointe dancer with a minimum of 2 years consecutive ballet training. Focus is on technique, building strength, coordination, and poise. Instructor approval required.	Term Rate = \$105 Drop In Rate = \$15	TBD
Ballet II / Intermediate (en pointe) 5:15 - 6:45pm	For dancers with a minimum of 1+ years en pointe and a firm foundation in ballet technique. Focus will be on building on strength in the core, feet and legs.	Term Rate = \$126 Drop In Rate = \$18	G. George
Beginning Partnering 6:45 - 7:15pm	Instructor Approval Required. Female dancers will be en pointe.	Term Rate = \$42 Drop In Rate = \$6	G. George
Ballet III - Advanced 7:15 - 8:45pm	For the experienced ballet dancer with several years of ballet training. This class produces solid technical dancers and prepares them to continue onto higher education and/or a professional career in dance. Instructor approval required.	Term Rate = \$126 Drop In Rate = \$18	G. George
Partnering 8:45 - 9:15pm	Instructor Approval Required. Female dancers will be en pointe.	Term Rate = \$42 Drop In Rate = \$6	G. George

Located in "Old Town" – 1235 Center Street, Lansing

Call CBT at 482-2553 or Academy Coordinator at 622-3067